



METROPOLITAN WASHINGTON

Council of Governments

NEWS

Pledge for Car Free Day and Choose Your Team!

Demonstrate Support for a Greener Commute by Choosing #teambike, #teamwalk, #teamrail, #teambus, #teampool or #teamtelework on September 22!

Washington D.C. — This year metropolitan Washington area commuters, residents, and students who pledge to go car free or car-lite on Car Free Day, Tuesday, September 22 can join the team that best fits their preferred way to travel—and qualify for drawings for great prizes. Commuter Connections invites participants to choose #teambike, #teamwalk, #teamrail, #teambus, #teampool or #teamtelework when they register at www.carfreemetrodc.org, to show how they travel, and post stories about the benefits of alternatives to driving alone on social media. Travelers trying a new mode for the first time—and those who already travel car free—can take the pledge.

Commuter Connections, the region's commuter transportation network coordinated by the Metropolitan Washington Council of Governments, organizes the annual event in the metropolitan Washington area to encourage travelers to try a train, bus, bicycle, car or vanpool, or walk instead of driving alone. Celebrated in 1,500 cities in 40 counties, World Car Free Day is an annual event that challenges everyone who drives a car to try greener, more efficient transportation options that can be integrated into their daily lives.

“Car Free Day is a great opportunity to get commuters who drive alone thinking about an alternate mode of commuting. And that is an important first step,” said Nicholas Ramfos, Commuter Connections Director. “Our research, the [2013 State of the Commute](#), shows that among commuters who started using a new alternate mode within the past three years, about one-third shifted from driving alone.”

Information on team travel options and ridematching is available at the [Commuter Connections website](#). Site visitors can set up a free account and request a ridematch, make carpooling plans, and learn about other transportation opportunities to decrease the number of single-occupant vehicles on the road and congestion around the region.

Stay up to date on #CarFreeMetroDC on [Facebook](#) and [Twitter](#).

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Commuter Connections is a program of the National Capital Region Transportation Planning Board at the Metropolitan Washington Council of Governments and is funded by the District of Columbia, Maryland, and Virginia Departments of Transportation as well as the U.S. Department of Transportation. Commuter Connections provides free ridematching services and promotes alternatives to drive-alone commuting, and offers the free Guaranteed Ride Home program. www.commuterconnections.org

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